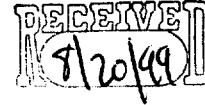




CELESTIAL SEASONINGS, INC.

4600 Sleepytime Drive, Boulder, CO 80301-3292 USA (303) 530-5300

0730 '99 SEP -3 AIC:40



August 16, 1999

Office of Special Nutritionals
HFS 450
200 C. Street SW
Washington, DC 20204

As per Section 6 of the Dietary Supplement Health and Education Act of 1994, I respectfully submit the following information:

Name and Address:

Celestial Seasonings, Inc.
4600 Sleepytime Drive
Boulder, CO 80301-3292

Text of Statements:

- For positive mood.
- An organic solution for positive mood-support.
- Helps you with a positive sense of well-being.
- Soothes and supports restful sleep.
- St. John's Wort supports mood by maintains healthy neurotransmitters in your brain.

Ingredients:

- Organic St. John's Wort Extract.

Name of the dietary supplement (including brand name):

Celestial Seasonings™
Certified Organic St. John's Wort

I hereby certify that the information contained in the above notice is complete and accurate, and that Celestial Seasonings, Inc. has substantiation that the statements are truthful and not misleading.

Sincerely,

Mike Gross
Technical Services Manager